



## **Patients Have Right to Have Early Access to The New Medicinal Developments**

**Hilal ilbars, PhD, Sule Mene, MD**

**Turkish Clinical Research Association**

**Mene Research Clinical Research Organization**

Clinical trials are essential for the advancement of evidence based medical knowledge. These trials provide information about many diseases and their treatment. Most people who participate in research, hope that the information from the research will improve treatment for a particular condition and provide benefit to society. Potential benefits of clinical studies are as follows; patients will receive the best standard treatment (if available) at least, if the new treatment or intervention is proven to work, patients may be among the first to benefit, patients have a chance to help others and improve patient care. Early access to medicine is also right for the requiring patient. Patient safety concerns are very important in general and can be the first prerequisite to fulfill for a clinical study as well, but overregulation or limitations or lack of patient awareness should not avoid utilization of this right. Patient rights are protected through informed consent, ethics committees, local regulations, Helsinki declaration, Shortly; we call all these Good Clinical Practices. On the other hand, clinical studies are designed to ensure the risks are minimized and data integrity. If the safety concerns arise or objectives have been met a study is immediately stopped.

In summary; health professionals are responsible for conducting clinical trials and inform their patients about clinical trials this may give chance to patients for participation, regulatory bodies are responsible ensuring the quality of the clinical trials procedures, Media should inform the society about the importance of early access to the new medicinal products/ devices by encouraging to participate in clinical trials. Some of the other key areas to be focused in this presentation are: current status of clinical studies in Turkey in comparison to other developed countries and comparison patient protecting mechanisms.

**Presented Session: Methods to Improve Patient Safety | Hall: D303 |Date:  
28.03.2008 2<sup>nd</sup> International Patient Safety Congress – Antalya TURKEY**